lame:	Date:

Adverbs of Frequency - Multiple Choice & Gap Fill 4



Multiple Choice	(a) always	10. Our team n
1. My grandmother always	(b) never	plans once eve
follows her morning routine.	(c) rarely	They
She drinks tea after	(d) sometimes	meeting.
breakfast.		(a) occasionally
(a) sometimes	6. We buy fresh vegetables from	(b) always
(b) always	the local market. We	(c) never
(c) rarely	shop there on Saturdays.	(d) rarely
(d) usually	(a) rarely	
	(b) never	
2. Jane can't swim and is afraid	(c) seldom	
of deep water. She	(d) usually	
goes into the ocean.		
(a) always	7. She has a fear of dogs after a	
(b) usually	bad experience. She	
(c) often	pets stray dogs.	
(d) never	(a) always	
	(b) never	
3. This restaurant is very	(c) often	
popular for lunch. It	(d) sometimes	
has empty tables around noon.		
(a) always	8. The coffee machine in the	
(b) usually	office breaks down a lot. It	
(c) rarely	works without a	
(d) often	problem.	
	(a) always	
4. He enjoys quiet places. He	(b) rarely	
goes to noisy	(c) usually	
concerts.	(d) frequently	
(a) seldom		
(b) always	9. I play basketball with my	
(c) often	friends on most weekends. I	
(d) usually	play with them.	
	(a) never	
5. My brother watches	(b) seldom	
documentaries about space. He	(c) often	

10. Our team meets to discuss plans once every two weeks. They have a meeting. (a) occasionally (b) always (c) never (d) rarely

(d) hardly ever

____ learns new facts

about the universe.

Name:	Date:
Fill in the Gaps 1. The library is closed on Sundays. It	
(frequently/always/never) opens on that day.	
2. A square has four equal sides. It	
(never/frequently/always) has three sides.	
3. My cat enjoys sleeping. She	
(always/rarely/frequently) naps during the day.	
4. This restaurant is very popular. It	
(never/frequently/always) has a queue.	
5. He is a very calm person. He	
(always/frequently/never) gets angry.	
6. Children learn quickly. They	
(sometimes/always/frequently) absorb new information easily.	
7. The ancient ruins are beautiful. Tourists	
(often/rarely/never) visit them.	
8. I don't like spicy food. I	
(always/sometimes/never) order hot dishes.	
9. Birds build nests. They	
(never/frequently/always) lay eggs.	
10. The teacher is very strict. She	
(always/rarely/often) gives extra	

homework.