

Name: _____

Date: _____

Adverbs of Frequency - Multiple Choice & Gap Fill 6



Multiple Choice

1. My sister loves to cook. She _____ tries out new recipes.
(a) never
(b) often
(c) rarely
(d) seldom
2. Our school principal is very strict about rules. Students _____ use their phones during class.
(a) always
(b) usually
(c) never
(d) sometimes
3. The street lights turn on when it gets dark. They _____ turn on during the day.
(a) never
(b) always
(c) usually
(d) sometimes
4. He travels for work almost every week. He _____ is home on weekends.
(a) always
(b) often
(c) rarely
(d) usually
5. My neighbor's dog is very playful. He _____ chases squirrels in the yard.
(a) often
(b) never
(c) seldom
(d) hardly ever
6. I enjoy trying new kinds of food. I _____ order the same dish.
(a) always
(b) often
(c) usually
(d) seldom
7. She has a big collection of stamps. She _____ buys new stamps for her collection.
(a) frequently
(b) never
(c) rarely
(d) seldom
8. The doctor told him to walk every day. He _____ walks for an hour.
(a) never
(b) always
(c) sometimes
(d) rarely
9. My little brother talks a lot. He _____ stops talking.
(a) always
(b) often
(c) usually
(d) hardly ever
10. Our local store has sales about once a month. They _____ have big discounts.
(a) never
(b) occasionally
(c) always
(d) rarely

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Fill in the Gaps

1. He loves to exercise. He

_____ (never/seldom/frequently) goes to the gym.

2. The car is old and unreliable.

It _____ (often/always/sometimes) breaks down.

3. I have a very busy schedule. I

_____ (always/rarely/often) go out on weekdays.

4. She is a very good student.

She _____ (sometimes/rarely/always) gets bad grades.

5. My brother is a night owl. He

_____ (always/frequently/never) goes to bed early.

6. The climate here is mild. It

_____ (never/always/often) snows in August.

7. He's very cautious. He

_____ (always/frequently/rarely) takes risks.

8. The city center is crowded. It

_____ (sometimes/never/always) has heavy traffic.

9. I'm not a morning person. I

_____ (frequently/seldom/always) wake up before 6 AM.

10. A circle has no corners. It

_____ (always/sometimes/never) has sharp edges.